JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD

M. Tech in CONSTRUCTION MANAGEMENT Effective from Academic Year 2019 - 20 admitted batch

R19 COURSE STRUCTURE AND SYLLABUS

I YEAR I - SEMESTER

Course Code	Course Title	L	T	Р	Credits
Professional Core - I	Quantitative Methods in Construction Management	3	0	0	3
Professional Core - II	Construction Methods and Equipment	3	0	0	3
Professional Elective - I	 Construction Engineering Practices Infrastructure Valuation Form Work and Scaffolding Design 	3	0	0	3
Professional Elective - II	 Repair and Rehabilitation Building Geo Techniques for Infrastructure Integrated water Resource Management 	3	0	0	3
Lab - I	Construction Engineering Lab-I	0	0	4	2
Lab - II	Application Software Lab	0	0	4	2
	Research Methodology &IPR	2	0	0	2
Audit - I	Audit Course - I	2	0	0	0
	Total	16	0	8	18

I YEAR II - SEMESTER

Course Code	Course Title	L	T	Р	Credits
Professional Core - III	Management of Quality and Safety in Construction	3	0	0	3
Professional Core - IV	Construction and Contract Management	3	0	0	3
Professional Elective - III	 Construction Economics and Finance Waste Management Systems Building Services 	3	0	0	3
Professional Elective - IV	 Advanced Concrete Technology Civil Engineering Materials and Recent Advances Under Water Construction 	3	0	0	3
Lab - III	Advanced Construction Engineering Lab	0	0	4	2
Lab - IV	Sensor Technologies for Health Monitory Lab	0	0	4	2
	Mini Project with Seminar	0	0	4	2
Audit - II	Audit Course - II	2	0	0	0
	Total	14	0	12	18

II YEAR I - SEMESTER

Course Code	Course Title	L	Т	Р	Credits
Professional Elective - V	 Construction Project planning and Administration Urban/Regional Transportation Analysis and Planning Methods Structural Health Monitoring 	3	0	0	3
Open Elective	Open Elective	3	0	0	3
Dissertation	Dissertation Work Review - II	0	0	12	6
	Total	6	0	12	12

II YEAR II - SEMESTER

Course Code	Course Title	L	T	Р	Credits
Dissertation	Dissertation Work Review - III	0	0	12	6
Dissertation	Dissertation Viva-Voce	0	0	28	14
	Total	0	0	40	20

^{*}For Dissertation Work Review - I, Please refer 7.8 in R19 Academic Regulations.

Audit Course I & II:

- 1. English for Research Paper Writing
- 2. Disaster Management
- 3. Sanskrit for Technical Knowledge
- 4. Value Education
- 5. Constitution of India
- 6. Pedagogy Studies
- 7. Stress Management by yoga
- 8. Personality Development Through Life Enlightenment Skills

QUANTITATIVE METHODS IN CONSTRUCTION MANAGEMENT (PC-I)

Course Objective: To impart knowledge on statistical tools, linear and dynamic programming.

Course Outcomes: The learner will be able to use effectively different decision-making theories and PERT/CPM techniques.

UNIT-I

Introduction and concepts of probability and statistics-Probability Theory-Statistical tools.

UNIT-II

Linear programming Transportation and assignment problems.

UNIT-III

Dynamic programming, Queuing theory, Decision theory, Games theory.

UNIT-IV

Simulations applied to construction, Study of various effects.

I INIT-V

Modifications and improvement on CPM/PERT techniques.

- 1. Freund, J.E. and Miller, I.R., Probability and statistics for engineers, 5th edition, prentice hall of India, New Delhi, 1994.
- 2. Goel B.S and mittal. S.K., Operation Research, pragati Prakashan, Meerut, 2000.
- 3. Gupta. S.C. and Kapur, V.K., Fundamentals of mathematical statistics, sultan chand and sons New Delhi, 1999.
- 4. Taha, H.A., Operations research: An introduction, 8th edition, prentice hall India, New Delhi, 2010.

CONSTRUCTION METHODS AND EQUIPMENT (PC-II)

Course Objectives: To impart knowledge on various equipment related to different types and stages of construction of civil engineering structures.

Course Outcomes: The learner will be able to know the different equipment required for handling different materials

UNIT-I

Selection of equipment-factors effecting-relative advantages and disadvantages-technical and economic aspects.

UNIT-II

Construction engineering fundamentals-analysis of production outputs and costs

UNIT-III

Characteristics and performance of equipment for earth moving.

UNIT-IV

Erection and material transport equipments- their performance advantages-pile driving-dewatering.

UNIT-V

Study of performance of equipment used for concrete construction including batching and mixing units-equipment used for tunneling.

- 1. Peurifoy, R.L., Ledbetter. W.B and schexnayder, C, construction planning and equipment methods, 5th Edition, McGraw Hill, Singapore, 1995.
- 2. Sharma S.C. Construction equipment and management, Khanna publishers, New Delhi, 2011.

CONSTRUCTION ENGINEERING PRACTICES (PE-I)

Course Objective: To impart knowledge on ready mixed concrete, economics and design of formwork, modular construction and implementation procedure.

Course Outcomes: The learner will be able to design the form work, use ready mix concrete and understands the advantages of modular construction.

UNIT-I

Reinforced and prestressed concrete construction-Prefabricated structures.

UNIT-II

Production of ready mixed concrete-productivity analysis-Economics of formwork-Design of form work and their reusability.

UNIT-III

Modular construction practices-Fibonacci series, its handling and other reliable proportioning concepts.

UNIT-IV

Modular coordination-standardization-system building-advantages.

UNIT-V

Lamination and advantages of modular construction-concepts implementation procedures.

- 1. Allen E, Iano,J, fundamentals of building construction material and method, john Wiley and sons, 2011.
- 2. Cameron K. Andres. Ronald C. Smith, principles and practices of commercial construction, 8th edition, prentice hall, 2009.\

INFRASTRUCTURE VALUATION (PE-I)

Course Objectives: To impart knowledge on value theory, value management and brain storming methods

Course Outcomes: The learner will be able to build effective team and effectively manage the time

UNIT-I

Function analysis; FAST diagramming; brain storming; criteria scoring matrices.

UNIT-II

An introduction to value theory; an introduction to value management.

UNIT-III

Value Engineering-Definition and concepts of the creative and structured phases of value engineering.

UNIT-IV

The workshop approach to achieve value- procedures- merits and demerits-detailed analysis.

UNIT-V

Teambuilding theory; target setting; time management.

- 1. Lawrence D. Miles, Techniques of Value Analysis and Engineering, McGraw-Hill Book Company, 2009.
- 2. M.R.S. Murthy, Cost Analysis for Management Decisions, Tata McGraw-Hill Publishing Company Ltd., 1988.

FORMWORK AND SCAFFOLDING DESIGN (PE-I)

Course Objectives: To impart knowledge on common form work and special form works, and design of form work with different materials for various structural elements.

Course Outcomes: The learner will be able to design ensuring the safety of structure.

UNIT-I

Formwork and false work - Temporary work systems, construction planning and site constraints.

UNIT-II

Materials and construction of the common formwork and false work systems; Special, and proprietary forms.

UNIT-III

Concrete pressure on forms. Design of timber and steel forms; Loading and moment of formwork.

LINIT-IV

Types of beams, decking and column formwork; Design of decking; False work design; Effects of wind load.

UNIT-V

Foundation and soil on false work design; The use and applications of special forms; Sequence of construction; Safety use of formwork and false work.

Text Books:

- 1. Austin, C.K., Formwork for Concrete, Cleaver, Hume Press Ltd., London, 1996.
- 2. Michael P. Hurst, Construction Press, London and New York, 2003.

REPAIR & REHABILITATION OF BUILDINGS (PE-II)

Course Objectives: To impart knowledge on the distress in structures.

Course Outcomes: The learner will be able to understand the reasons for distress in structures and will be able to suggest suitable solutions.

UNIT - I

Introduction – Deterioration of Structures – Distress in Structures – Causes and Prevention. Mechanism of Damage – Types of Damage.

UNIT - II

Corrosion of Steel Reinforcement – Causes – Mechanism and Prevention. Damage of Structures due to Fire – Fire Rating of Structures – Phenomena of Desiccation.

UNIT - III

Inspection and Testing – Symptoms and Diagnosis of Distress - Damage assessment – NDT.

UNIT - IV

Repair of Structure – Common Types of Repairs – Repair in Concrete Structures – Repairs in Under Water Structures – Guniting – Shotcreting – Underpinning –Strengthening of Structures – Strengthening Methods – Retrofitting – Jacketing.

UNIT - V

Health Monitoring of Structures – Use of Sensors – Building Instrumentation

REFERENCES

- 1. Concrete Technology by A.R. Santhakumar, Oxford University press
- 2. Defects and Deterioration in Buildings, E F & N Spon, London
- 3. Non-Destructive Evaluation of Concrete Structures by Bungey Surrey University Press
- 4. Maintenance, Repair & Rehabilitation and Minor Works of Buildings by P.C. Varghese, PHI.
- 5. Maintenance and Repair of Civil Structures, B.L. Gupta, and Amit Gupta, Standard Publications.
- 6. Concrete Repair and Maintenance Illustrated, RS Means Company Inc W. H. Ranso, (1981)
- 7. Building Failures: Diagnosis and Avoidance, EF & N Spon, London, B. A. Richardson, (1991).

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M. Tech – I year I Sem. (Construction Management)

GEO-TECHNICS FOR INFRASTRUCTURE (PE-II)

Course Objectives: To impart knowledge on site investigation and soil testing methods and design of different types of foundation appropriate to the type of soil for different structures.

Course Outcomes: the learner will be able to design shallow and deep foundations like piles for railway and highway bridges, harbor structures and also sheet piles.

UNIT - I

Site Investigation for Infrastructure Projects: methods of site investigation, types of soil samples and samplers- Geotechnical field testing – SPT, CPT, Plate Load Test, Pile Load Test.

UNIT - II

Shallow Foundations for Railway & Highway Bridges and Port &Harbour Structures: types of foundations, design forces, safe and allowable bearing capacity of shallow foundations, settlement computation;

UNIT - III

Pile Foundations for Railway & Highway Bridges and Port & Harbour Structures: Pile foundations – types, axial and lateral capacity of pile, pile group analysis and pile cap; Introduction to drilled piers, caissons, well foundations.

UNIT - IV

Foundations for Transmission Line, Radar Antenna, Microwave and TV Tower and Chimneys: Introduction, foundations for towers and chimneys, design forces, behaviour of pad and chimney foundations, design of chimney and pad foundations, anchor foundations (rock anchors), design of foundations for towers and chimneys, analysis of raft on pile foundations; design and construction of shallow foundations on rocks.

UNIT - V

Sheet Piles - introduction, types of sheet pile walls, cantilever sheet pile wall, anchored sheet pile wall, stability analysis of anchored bulkhead by free earth support and fixed earth support method, position of anchorage.

Expansive and Collapsible Soil: Difficult soils- loose granular soils, soft clays and shrinkable soils-identification, swell and swell pressure.

REFERENCES:

- 1. Soil Mechanics and foundation engineering P. Purushottama Raj, Pearson Education.
- 2. Construction of marine and offshore structures Ben C Gerwick, jr., CRC Press, Taylor and Francis Group.
- 3. Dynamic soil tests and applications N S V Kameswara Rao, Wheeler Publishing.
- 4. Pile design and construction practice M J Tomlinson, View point Publications, Palladian Publications Limited.
- 5. IS: 4091 (1979) -Design and construction of foundations for transmission line towers
- 6. IS: 11233 (1985) Design and construction of foundations forRadar Antenna, Microwave and TV Tower.
- 7. Principle of foundation engineering B.M.Das, CENGAGE Learning, Thomson, Brooks/Cole.
- 8. Foundation Engineering -Varghese, Prentice Hall of India.
- 9. Foundation analysis and design J.E. Bowles, McGraw Hill Books Company

JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY HYDERABAD M. Tech – I year I Sem. (Construction Management)

INTEGRATED WATER RESOURCES MANAGEMENT (PE-II)

Course Objectives: To impart knowledge on runoff, discharge measurement, estimation of flood, and flood disaster mitigation measures.

Course Outcomes: The learner will be able to estimate the quantum of water resources from different sources and able to implement and manage water resources effectively.

UNIT - I

Introduction: Definition, concepts of IWRM, approaches to iwrm, components, importance. **Surface water**: Evapotranspiration – Runoff – Hydrographs – Methods of discharge measurement – Estimation of flood – Flood disaster mitigation measures and damage estimation, rainfall-runoff models.

UNIT - II

Surface water: River engineering and river training works – Hydrologic routing – Hydraulic routing – Hydrology of basin management.

UNIT - III

Ground water: Steady groundwater flow towards a well in confined and unconfined aquifers – Dupit's and Theism's equations, Assumptions, Formation constants, yield of an open well interface and well tests.

UNIT - IV

Groundwater: Unsteady flow towards a well – Non-equilibrium equations – Thesis solution – Jocob and Chow's simplifications, Leak aquifers, Groundwater basin management.

UNIT - V

Conjunctive use: Concepts of conjunctive use Models, Case studies for IWRM.

REFERENCES:

- 1. Groundwater by Bawwr, John Wiley & sons.
- 2. Groundwater System Planning & Management R. Willes & W.W.G. Yeh, Prentice Hall.
- 3. Applied Hydrogeology by C.W. Fetta, CBS Publishers & Distributers.
- 4. Hydrology by Madanmohan das & Mimi Das Saikia PHI Learning Private Limited
- 5. Ground water Hydrology by David Keith Todd, John Wiley & Son, New York.
- 6. Groundwater by H.M. Raghunath, Wiley Eastern Ltd.
- 7. Engineering Hydrology by K. Subramanya, TMH Publishing Company limited,

CONSTRUCTION ENGINEERING LAB (Lab - I)

Course Objectives: To impart knowledge on testing procedures for determining the properties of the materials used in concrete making.

Course Outcomes: The learner will be able to effectively use the results of different tests for recommending the materials for making good concrete.

- 1. Evaluation of properties of cement, fine aggregates and coarse aggregates.
- 2. Evaluation of properties of reinforcing steel, timber, building block and tile.
- 3. Variation of workability with time for different grades of concrete experimental observations.
- 4. Experimental observation on influence of following parameters on strength characteristics of concrete (Some of these parameters may be considered depending up on time)
 - i. Size, shape and grade of course aggregate.
 - ii. Grading of fine aggregate.
 - iii. Hand Mixing/ Machine Mixing.
 - iv. Aggregate- Cement Ratio.
 - v. Coarse aggregate- Fine aggregate Ratio.
 - vi. Size and shape of Test specimen.
 - vii. Admixtures.

APPLICATION SOFTWARE LAB (Lab - II)

Course Outcomes: At the end of the course, students will be able to

- 1. Find Roots of non-linear equations by Bisection method and Newton's method.
- 2. Do curve fitting by least square approximations
- 3. Solve the system of Linear Equations using Gauss Elimination/ Gauss Seidal Iteration/Gauss Jorden Method
- 4. To Integrate Numerically Using Trapezoidal and Simpson's Rules
- 5. To Find Numerical Solution of Ordinary Differential Equations by Euler's Method,
- 6. Runge- Kutta Method.

Syllabus Contents:

- 1. Find the Roots of Non-Linear Equation Using Bisection Method.
- 2. Find the Roots of Non-Linear Equation Using Newton's Method.
- 3. Curve Fitting by Least Square Approximations.
- 4. Solve the System of Linear Equations Using Gauss Elimination Method.
- 5. Solve the System of Linear Equations Using Gauss Seidal Iteration Method.
- 6. Solve the System of Linear Equations Using Gauss Jorden Method.
- 7. Integrate numerically using Trapezoidal Rule.
- 8. Integrate numerically using Simpson's Rules.
- 9. Numerical Solution of Ordinary Differential Equations By Euler's Method.
- **10.** Numerical Solution of Ordinary Differential Equations ByRunge- Kutta Method. Practice with MAT lab

RESEARCH METHODOLOGY AND IPR

Prerequisite: None

Course Objectives:

- To understand the research problem
- To know the literature studies, plagiarism and ethics
- To get the knowledge about technical writing
- To analyze the nature of intellectual property rights and new developments
- To know the patent rights

Course Outcomes: At the end of this course, students will be able to

- Understand research problem formulation.
- Analyze research related information
- Follow research ethics
- Understand that today's world is controlled by Computer, Information Technology, but tomorrow world will be ruled by ideas, concept, and creativity.
- Understanding that when IPR would take such important place in growth of individuals & nation, it is needless to emphasis the need of information about Intellectual Property Right to be promoted among students in general & engineering in particular.
- Understand that IPR protection provides an incentive to inventors for further research work and investment in R & D, which leads to creation of new and better products, and in turn brings about, economic growth and social benefits.

UNIT-I:

Meaning of research problem, Sources of research problem, Criteria Characteristics of a good research problem, Errors in selecting a research problem, Scope and objectives of research problem. Approaches of investigation of solutions for research problem, data collection, analysis, interpretation, Necessary instrumentations

UNIT-II:

Effective literature studies approaches, analysis, Plagiarism, Research ethics

UNIT-III:

Effective technical writing, how to write report, Paper Developing a Research Proposal, Format of research proposal, a presentation and assessment by a review committee

UNIT-IV:

Nature of Intellectual Property: Patents, Designs, Trade and Copyright. Process of Patenting and Development: technological research, innovation, patenting, development. International Scenario: International cooperation on Intellectual Property. Procedure for grants of patents, Patenting under PCT.

UNIT-V:

Patent Rights: Scope of Patent Rights. Licensing and transfer of technology. Patent information and databases. Geographical Indications. New Developments in IPR: Administration of Patent System. New developments in IPR; IPR of Biological Systems, Computer Software etc. Traditional knowledge Case Studies, IPR and IITs.

TEXT BOOKS:

- 1. Stuart Melville and Wayne Goddard, "Research methodology: an introduction for science & engineering students"
- 2. Wayne Goddard and Stuart Melville, "Research Methodology: An Introduction"

REFERENCES:

- 1. Ranjit Kumar, 2nd Edition, "Research Methodology: A Step by Step Guide for beginners"
- 2. Halbert, "Resisting Intellectual Property", Taylor & Francis Ltd ,2007.
- 3. Mayall, "Industrial Design", McGraw Hill, 1992.
- 4. Niebel, "Product Design", McGraw Hill, 1974.
- 5. Asimov, "Introduction to Design", Prentice Hall, 1962.
- 6. Robert P. Merges, Peter S. Menell, Mark A. Lemley, "Intellectual Property in New Technological Age", 2016.
- 7. Ramappa, "Intellectual Property Rights Under WTO", S. Chand, 2008

MANAGEMENT OF QUALITY AND SAFETY IN CONSTRUCTION (PC - III)

Course Objective: To impart knowledge on quality in construction, inspection procedures, standards, and safety aspects.

Course Outcome: The learner will be able to know inspection procedures to identify the quality of construction.

UNIT - I

Quality policy in construction industry-Consumer satisfaction- Ergonomics-Time of completion-Statistical tolerance.

UNIT - II

Taguchi's concept of quality-contract and construction programming-inspection procedures.

UNIT-III

Quality assurance/Quality control programme and cost implication.

UNIT-IV

Different aspects of quality-appraisals-failure mode analysis-stability methods and tools-Influence of drawings-detailing.

UNIT-V

Specifications-standardization-Bid preparation-construction activity-Environmental safety-social and environmental factors.

- 1. Clarkson H. Oglesby, productivity improvement in construction, McGraw Hill, 2000.
- 2. James, J.O Brain, construction inspection handbook-quality assurance, and quality control, Van Nostrand, New York, 1989.
- 3. Juran frank, J. M. and Gryana, F. M. Quality planning and Analysis, Tata McGraw Hill, 1982.
- 4. Kwaku A., Tenah and jose M. Guevera, fundamental of construction management and organization PHI 1995.

CONSTRUCTION AND CONTRACT MANAGEMENT (PC - IV)

Course Objectives: To impart knowledge on municipal bye laws, types of construction contracts, arbitration and litigation procedures.

Courses Outcomes: The learner will be able to prepare plans and get approval from municipal or urban development authorities

UNIT - I

Introduction and concepts of Construction law-public law-government departments and local authorities.

UNIT - II

Private law-contracts-torts-property law and building law-concepts-salient features-sections.

UNIT - III

Construction contracts-contracts specifications-types of contract documents used for construction.

UNIT - IV

Contract procurement- selection of contractor-contract procedure-salient features.

UNIT - V

Arbitration and litigation procedure-preparation, settlement, evidence, price adjustment-need for the formulae-civil engineering and building formulae- practical implications.

- 1. Gajaria G. T., laws relating to building and engineering contracts in India, M. M Tripathi private Ltd., Bombay, 1982.
- 2. Jimmie Hinze, construction contracts, 2nd edition. McGraw hill, 2001.
- 3. Joseph T. Bockrath, contracts and the legal environment for engineers and architects, 6th edition, McGraw hill, 2000.

CONSTRUCTION ECONOMICS AND FINANCE (PE - III)

Course Objectives: To impart knowledge on cost analysis, economics accounting, contract bidding and awards.

Course Outcomes: The learner will be able to understand different budgeting procedures

UNIT - I

Construction accounting-income statement-depreciation and amortization.

UNIT - II

Engineering economics-benefit-cost analysis-replacement analysis-break even analysis- assessment of time for arriving break even.

UNIT - III

Risks and uncertainties and management decision in capital budgeting-Uncertainties due to improper planning.

UNIT - IV

Taxation and inflation-work pricing-contract bidding and award-revision-escalation.

UNIT - V

Turnkey activities-project appraisal and yield - Working capital management-international finance-budgeting and budgetary-performance-appraisal.

- 1. Danny myers, construction economics: A new approach, Taylor and francis publisher, 2004.
- 2. Ofori, G, the construction industry aspects of its economics and management, Singapore university press, 1990.

WASTE MANAGEMENT SYSTEMS (PE - III)

Course Objectives: To impart knowledge on necessity of waste & waste water management, understanding treatment of Industrial waste water, Effluent treatment plants

Course Outcomes: The learner will be able to acquire the knowledge of different waste disposal techniques

UNIT - I

Introduction Solid Waste problem, Meaning and definition of solid waste, concept and classification of municipal solid waste, Impacts of solid waste on environment, Solid waste management rules and regulations

UNIT - II

Waste Disposal Techniques Introduction, composting, principles of composting, factors affecting composting, vermi composting, waste to energy techniques, Landfill technique, and design and operating procedure of landfill. Solid Waste management techniques Solid waste management Hierarchy, waste avoidance /waste prevention, Definition of source Reduction, waste reduction at source using 5R's Technique

UNIT - III

Solid waste management of Biomedical Waste, plastic and E- Waste Biomedical Waste – Sources and generation, biomedical waste management. Plastic – Dangers of plastic wastes, Recycling and disposal of plastic wastes. E-Wastes – Definition, Health hazards, E-Waste management and conclusion

UNIT-IV

Basic theories of industrial waste water management – volume reduction – strength reduction – neutralization – equalization and proportioning. Joint treatment of industrial waste and domestic sewage – consequent problems-Industrial waste water discharges into streams, lakes and oceans and problems. Recirculation of industrial wastes – use of municipal waste water in industries.

UNIT -V

Common Effluent Treatment plants -Advantages and suitability, limitations, Effluent Disposal Methods

- 1. Solid waste management by K. Sasi Kumar & S. Gopi Krishna
- 2. Waste water Treatment by M.N.Rao and Dutta, Oxford and BH, New Delhi
- 3. Modern Technology of Waste Management: Pollution Control, Recycling, Treatment and Utilization by NIIR board, Asia Pacific Business Press Inc.
- 4. Handbook of Solid Waste Management by Frank Kreith, George Tchobanoglous, McGraw-Hill.

BUILDING SERVICES (PE - III)

Course Objectives: To impart knowledge on providing proper ventilation, fire protection measures and vertical transportation.

Course Outcomes: The learner will be able to effectively plan for a green building.

UNIT - I

Orientation and Planning - Grouping and circulation - lighting and ventilation.

UNIT - II

Termite proofing of buildings- Lightning protection of buildings - Fire protection of buildings.

UNIT - III

Vertical transportation – Prefabrication systems in residential buildings: Planning and modules and sizes of components in prefabrication.

UNIT - IV

Shell structures - Domes - Folded plate structures - Skeletal and space frame structures- Grain storage structures

UNIT - V

Earthquake resistant structures - Air-conditioning and heating - Acoustics and Sound insulation - Plumbing services

- 1. Arora and Bindra, Building Construction, Dhanpat Rai, 2012.
- 2. Hand Book of Housing Statistics, NBO, 2003.
- 3. National Building Code of India, Bureau of Indian Standards, 2005.

ADVANCED CONCRETE TECHNOLOGY (PE - IV)

Course Objectives: This course will provide the students with

- State-of-the art knowledge on durable and sustainable cement and concrete, on the various mineral additions and chemical admixtures to enhance the workability, strength, durability and sustainability of concrete,
- 2. It will empower them in the decision-making process regarding the various concrete products, construction procedures and performance test methods that will improve the durability and sustainability of concrete civil infrastructure.
- 3. This course will empower students to become technical leaders in the concrete. The materials science aspects of concrete production will be explored in the context of various performance criteria with emphasis on durability and sustainability.

Course Outcomes: At the end of the course, students will be able to

- 1. Identify Quality Control tests on concrete making materials
- 2. Understand the behavior of fresh and hardened concrete
- 3. Understand the high strength concrete properties
- 4. Understand the properties and need of special concrete
- 5. Design form work

UNIT - I

Concrete Making Materials: Cement – Bogus Compounds – Hydration Process – Types of Cement – Aggregates – Gradation Charts – Combined Aggregate – Alkali Silica Reaction – Admixtures – Chemical and Mineral Admixtures.

UNIT - II

Fresh and Hardened Concrete: Fresh Concrete – workability tests on Concrete – Setting Times of Fresh Concrete – Segregation and bleeding.

Hardened Concrete: Abrams Law, Gel space ratios, Maturity concept – Stress strain behavior – Creep and Shrinkage – Durability Tests on Concrete – Non-Destructive Testing of Concrete.

UNIT - III

High Strength Concrete – Microstructure – Manufacturing and Properties – Design of HSC Using Erintroy Shaklok method – Ultra High Strength Concrete.

High Performance Concrete – Requirements and Properties of High-Performance Concrete – Design Considerations

UNIT - IV

Special Concretes: Self Compacting concrete, Polymer Concrete, Fibre Reinforced Concrete – Reactive Powder Concrete – Requirements and Guidelines – Advantages and Applications.

Concrete Mix Design: Quality Control – Quality Assurance – Quality Audit - Mix Design Method – BIS Method – DOE Method – Light Weight Concrete, Self-Compacting Concrete.

UNIT - V

Form work – materials – structural requests – form work systems – connections – specifications – design of form work – shores – removal for forms - shores – reshoring – failure of form work.

REFERENCES BOOKS:

- 1. Special Structural concretes by Rafat Siddique, Galgotia Publications 2000.
- 2. Design of Concrete Mixes by N. Krishna Raju, CBS Publications, 2000.
- 3. Concrete: Micro Structure by P.K. Mehta, ICI, Chennai.
- 4. Properties of Concrete by A.M. Neville, ELBS publications Oct 1996.
- 6. Concrete Technology by A.R. Santhakumar, Oxford University Press Oct 2006.
- 6. Concrete Technology by M.S. Shetty, S. Chand & Co 2009.

CIVIL ENGINEERING MATERIALS AND RECENT ADVANCES (PE - IV)

Course Objectives: To impart knowledge on different types of concrete and to effectively recycle and reuse waste materials.

Course Outcomes: The learner will be able to use different types of concrete for different purposes

UNIT- I

Light weight aggregate concrete - fiber reinforced concrete - High strength concrete.

UNIT-II

Changes in concrete with time, Corrosion of rebars in concrete- control measures.

UNIT-III

Different Industrial waste materials – their usage in concrete –study of properties.

UNIT-IV

Effects of temperature on Concrete- high temperature - Ferro-cement - advantages and properties and strength.

UNIT-V

Polymers - Fibre reinforced plastic in sandwich panels - Adhesives and sealants. Structural elastomeric bearings, Moisture barriers.

- 1. Adam M. Neville, Properties of Concrete, 5th Edition, Longman Sc and Tech Publishers, 2011.
- 2. Kumar Mehta. P. and Paulo J. M. Monteiro, Concrete Microstructure, Properties and Materials, McGraw Hill, 2006.

UNDER WATER CONSTRUCTION (PE-IV)

Course Objectives: To impart knowledge on construction of foundation under water and also design retaining walls, sheet piling and tunneling methods.

Course Outcomes: The learner will be able to design different under water structures.

UNIT - I

Under Water construction - Site preparation, temporary roads, site drainage.

UNIT - II

Deep trench and deep basement excavations. Bulk excavation. Stability of slopes to open excavations.

UNIT - III

Support of excavation by timbering and sheet piling. Retaining walls and sheet pile design - requirements for shorting and underpinning.

UNIT - IV

Methods of shoring of Underpinning - Tunneling in touch, medium-tough and soft rocks.

UNIT - V

Tunneling by borls shield tunneling - Culverts and conduits - Design of piles, pile load tests. Foundation design for dynamic conditions.

- 1. Ben C. Gerwick Jr., Construction of Marine and Offshore Structures, 3rd Edition, CRC Press, 2007.
- 2. Patrick Powers. J, Construction Dewatering: New Methods and Applications, John Wiley & Sons, 1992.

ADVANCED CONSTRUCTION ENGINEERING LAB (Lab - III)

Course Objectives: To impart knowledge on different methods of mix design and also methods of testing hardened concrete.

Course Outcomes: The learner will be able to correlate the results of destructive and non-destructive testing.

List of Experiments:

- 1. Concrete mix design by BIS, ACI and BS method-proportioning, batching, mixing, modeling of specimens for compression, modulus of elasticity and modulus of rupture-testing of specimens as per relevant codes of practice (Comparative study).
- 2. Development of correlation between Non-Destructive and Destructive tests using Rebound Hammer & UPV instruments.
- 3. Influence of following parameters on NDT reading-experimental observations.
 - i. Aggregate Cement Ratio.
 - ii. Water Cement Ration.
 - iii. Excess/Deficient Cement.
 - iv. Excess/Deficient Water.
 - v. Aggregate type.

(Some of the above parameters may be considered depending upon time)

4. Strain and deflection measurement for a structural member under single point/ two-point loading- crack propagation observation. Measurement and plotting.

SENSOR TECHNOLOGIES FOR HEALTH MONITORY LAB (Lab - IV)

Course Objectives: To impart knowledge on different methods of Sensor technology in monitoring

structures

Course Outcomes: The learner will be able to perform health monitoring of structures.

List of Experiments:

- 1. Ultrasonic Test
- 2. Eddy Current Test
- 3. Acoustic Emission Test
- 4. Thermal Infrared Test
- 5. Laser Vibrometer
- 6. Fibre Optics Sensor Test

CONSTRUCTION PROJECT PLANNING AND ADMINISTRATION (PE - V)

Course Objective: To impart knowledge on project planning and management, investment decisions, risks involved and resource management.

Course Outcome: The learner will be able to plan, schedule and monitor the project effectively.

UNIT-I

Construction administration, control of quality in construction, organizational structure, responsibility for co-ordination of the trade-Introduction to Project planning and Scheduling-Processes of project planning- Project scheduling- Progress control.

UNIT-II

Project planning and scheduling techniques- Network scheduling techniques. Project planning using computer-based models- Principles of project management.

UNIT-III

Certainty, risk and uncertainty, risk management, identification and nature of construction risks, contractual allocation of risk, types of risks, minimizing risks and mitigating losses, use of expected values, utility in investment decisions, decision trees, sensitivity analysis.

UNIT-IV

Resource management and inventory-Implementation of project planning management.

UNIT-V

Analysis and design of planning and control system- Disputes and claims management-Use of computer-based project management tools.

- 1. Callahan, M.T., Quackenbush, D.G., and rowing, J.E., Construction project scheduling, McGraw-Hill, New York, 1992.
- 2. Cleland, D. I.and Ireland, L.R., project management: Strategic design and implementation, 4th Edition, McGraw-Hill, New York, 2002.
- 3. Fisk, D.R. 2000 Construction Project Administration, Prentice hall International, London.
- 4. K Wakye, A. A 1997, Construction Project Administration: Addison Wesley Longman, London.

URBAN/REGIONAL TRANSPORTATION ANALYSIS AND PLANNING METHODS (PE - V)

Course Objectives: To impart knowledge on traffic studies, effective transportation systems based on forecasting demand and intelligent transport systems.

Course Outcomes: The learner will be able to design suitable transportation system based on future demands

UNIT-I

Traffic studies: Background of traffic studies and surveys; Basic principles of - Speed and density, volume, headways and accidents; Road Safety auditing, Measures to increase Road safety.

UNIT-II

Statistics and Probability Concepts in Transportations Systems: Statistical Distributions – Binomial, Poisson, exponential and normal distribution, fitness tests, their apperception to transportation system; probability concepts in transportation studies.

UNIT - III

Transportation Demand Forecasting: Travel Demand Scenario; Demand Forecasting Approaches; Time Services Analysis as approach in demand assessment, Factor Analysis apparatus, Behavior modeling forms in travel demand estimation.

UNIT - IV

Pedestrian Delays And Gaps: Pedestrian Gap acceptance and delays; Concept of Blocks, Antiblocks, Gaps and Non-Gaps; Underwood's analysis for Pedestrian Delays; Warrants for Pedestrian Crossing Facilities – Minimum Vehicular Volume Warrant, Minimum Pedestrian Volume Warrant, Maximum Pedestrian Volume Warrant;

UNIT - V

Intelligent Transport Systems: ITS Definition, Benefits of ITS, user services, Detectors, Automatic Vehicle Location (AVL), Automatic Vehicle Identification (AVI), Introduction to ITS applications; Advanced Traffic Management systems (ATMS), Advanced Traveler Information systems (ATIS), Commercial Vehicle Operations (CVO), Advanced Vehicle Control systems (AVCS), Advanced Public Transportation systems (APTS), Electronic Road Pricing (ERP).

REFERENCES:

- 1. **Probability Concepts in Engineering Planning and Design**, Vol. II, Decision, Risk, and Reliability, New York. John Wiley & Sons. Hinnes, W. W., and Montgomery, D. C. (1990):
- 2. **Probability and Statistics in Engineering and Management Science**, 3rd Edition, New York: John Wiley & Sons. Mannering, F. L. and Kilareski, W. P. (1990):
- Principles of Highway Engineering & Traffic Analysis, New York: F.L Mannering & W. P Kilareski, John Wiley & Sons publications
- 4. Sensor technologies and Data requirements of ITS, Lawrence A. Klein.

STRUCTURAL HEALTH MONITORING (PE - V)

Course Outcomes: At the end of the course, students will be able to

- 1. Diagnosis the distress in the structure understanding the causes and factors.
- 2. Assess the health of structure using static field methods.
- 3. Assess the health of structure using dynamic field tests.
- 4. Suggest repairs and rehabilitation measures of the structure

UNIT - I

Structural Health: Factors affecting Health of Structures, Causes of Distress, Regular Maintenance.

UNIT - II

Structural Health Monitoring: Concepts, Various Measures, Structural Safety in Alteration.

Structural Audit: Assessment of Health of Structure, Collapse and Investigation, Investigation Management, SHM Procedures.

UNIT - III

Static Field Testing: Types of Static Tests, Simulation and Loading Methods, sensor systems and hardware requirements, Static Response Measurement.

UNIT - IV

Dynamic Field Testing: Types of Dynamic Field Test, Stress History Data, Dynamic Response Methods, Hardware for Remote Data Acquisition Systems, Remote Structural Health Monitoring.

UNIT - V

Introduction to Repairs and Rehabilitations of Structures: Case Studies (Site Visits), piezo-electric materials and other smart materials, electro-mechanical impedance (EMI) technique, adaptations of EMI technique.

REFERENCE BOOKS:

- 1. Structural Health Monitoring, Daniel Balageas, Claus_Peter Fritzen, Alfredo Güemes, John Wiley and Sons, 2006
- 2. Health Monitoring of Structural Materials and Components Methods with Applications,
- 3. Douglas E Adams, John Wiley and Sons, 2007.
- 4. Structural Health Monitoring and Intelligent Infrastructure, Vol. 1, J. P. Ou, H. Li and Z. D. Duan, Taylor and Francis Group, London, UK, 2006.
- 5. Structural Health Monitoring with Wafer Active Sensors, Victor Giurglutiu, Academic Press Inc, 2007.

ENGLISH FOR RESEARCH PAPER WRITING (Audit Course - I & II)

Prerequisite: None

Course objectives: Students will be able to:

- Understand that how to improve your writing skills and level of readability
- Learn about what to write in each section
- Understand the skills needed when writing a Title Ensure the good quality of paper at very first-time submission

UNIT-I:

Planning and Preparation, Word Order, Breaking up long sentences, Structuring Paragraphs and Sentences, Being Concise and Removing Redundancy, Avoiding Ambiguity and Vagueness

UNIT-II:

Clarifying Who Did What, Highlighting Your Findings, Hedging and Criticizing, Paraphrasing and Plagiarism, Sections of a Paper, Abstracts. Introduction

UNIT-III:

Review of the Literature, Methods, Results, Discussion, Conclusions, The Final Check.

UNIT-IV:

key skills are needed when writing a Title, key skills are needed when writing an Abstract, key skills are needed when writing an Introduction, skills needed when writing a Review of the Literature,

UNIT-V:

skills are needed when writing the Methods, skills needed when writing the Results, skills are needed when writing the Discussion, skills are needed when writing the Conclusions. useful phrases, how to ensure paper is as good as it could possibly be the first- time submission

- 1. Goldbort R (2006) Writing for Science, Yale University Press (available on Google Books)
- 2. Day R (2006) How to Write and Publish a Scientific Paper, Cambridge University Press
- 3. Highman N (1998), Handbook of Writing for the Mathematical Sciences, SIAM. Highman's book.
- 4. Adrian Wallwork, English for Writing Research Papers, Springer New York Dordrecht Heidelberg London, 2011

DISASTER MANAGEMENT (Audit Course - I & II)

Prerequisite: None

Course Objectives: Students will be able to

- learn to demonstrate a critical understanding of key concepts in disaster risk reduction and humanitarian response.
- critically evaluate disaster risk reduction and humanitarian response policy and practice from multiple perspectives.
- develop an understanding of standards of humanitarian response and practical relevance in specific types of disasters and conflict situations.
- critically understand the strengths and weaknesses of disaster management approaches,
- planning and programming in different countries, particularly their home country or the countries they work in

UNIT-I:

Introduction:

Disaster: Definition, Factors and Significance; Difference Between Hazard and Disaster; Natural and Manmade Disasters: Difference, Nature, Types and Magnitude.

Disaster Prone Areas in India:

Study of Seismic Zones; Areas Prone to Floods and Droughts, Landslides and Avalanches; Areas Prone to Cyclonic and Coastal Hazards with Special Reference to Tsunami; Post-Disaster Diseases and Epidemics

UNIT-II:

Repercussions of Disasters and Hazards:

Economic Damage, Loss of Human and Animal Life, Destruction of Ecosystem. Natural Disasters: Earthquakes, Volcanisms, Cyclones, Tsunamis, Floods, Droughts and Famines, Landslides and Avalanches, Man-made disaster: Nuclear Reactor Meltdown, Industrial Accidents, Oil Slicks and Spills, Outbreaks of Disease and Epidemics, War and Conflicts.

UNIT-III:

Disaster Preparedness and Management:

Preparedness: Monitoring of Phenomena Triggering A Disaster or Hazard; Evaluation of Risk: Application of Remote Sensing, Data from Meteorological and Other Agencies, Media Reports: Governmental and Community Preparedness.

UNIT-IV:

Risk Assessment Disaster Risk:

Concept and Elements, Disaster Risk Reduction, Global and National Disaster Risk Situation. Techniques of Risk Assessment, Global Co-Operation in Risk Assessment and Warning, People's Participation in Risk Assessment. Strategies for Survival.

UNIT-V:

Disaster Mitigation:

Meaning, Concept and Strategies of Disaster Mitigation, Emerging Trends In Mitigation. Structural Mitigation and Non-Structural Mitigation, Programs of Disaster Mitigation in India.

- 1. R. Nishith, Singh AK, "Disaster Management in India: Perspectives, issues and strategies "New Royal book Company.
- 2. Sahni, Pardeep Et. Al. (Eds.)," Disaster Mitigation Experiences and Reflections", Prentice Hall of India, New Delhi.
- 3. Goel S. L., Disaster Administration and Management Text and Case Studies", Deep &Deep Publication Pvt. Ltd., New Delhi.

SANSKRIT FOR TECHNICAL KNOWLEDGE (Audit Course - I & II)

Prerequisite: None

Course Objectives:

- To get a working knowledge in illustrious Sanskrit, the scientific language in the world
- Learning of Sanskrit to improve brain functioning
- Learning of Sanskrit to develop the logic in mathematics, science & other subjects enhancing the memory power
- The engineering scholars equipped with Sanskrit will be able to explore the huge knowledge from ancient literature

Course Outcomes: Students will be able to

- Understanding basic Sanskrit language
- Ancient Sanskrit literature about science & technology can be understood
- Being a logical language will help to develop logic in students

UNIT-I:

Alphabets in Sanskrit,

UNIT-II:

Past/Present/Future Tense, Simple Sentences

UNIT-III:

Order, Introduction of roots,

UNIT-IV:

Technical information about Sanskrit Literature

UNIT-V:

Technical concepts of Engineering-Electrical, Mechanical, Architecture, Mathematics

- 1. "Abhyaspustakam" Dr. Vishwas, Samskrita-Bharti Publication, New Delhi
- 2. "Teach Yourself Sanskrit" Prathama Deeksha-Vempati Kutumbshastri, Rashtriya Sanskrit Sansthanam, New Delhi Publication
- 3. "India's Glorious Scientific Tradition" Suresh Soni, Ocean books (P) Ltd., New Delhi.

VALUE EDUCATION (Audit Course - I & II)

Prerequisite: None

Course Objectives: Students will be able to

- Understand value of education and self- development
- Imbibe good values in students
- Let the should know about the importance of character

Course outcomes: Students will be able to

- Knowledge of self-development
- Learn the importance of Human values
- Developing the overall personality

UNIT-I:

Values and self-development –Social values and individual attitudes. Work ethics, Indian vision of humanism. Moral and non- moral valuation. Standards and principles. Value judgements

UNIT-II:

Importance of cultivation of values. Sense of duty. Devotion, Self-reliance. Confidence, Concentration. Truthfulness, Cleanliness. Honesty, Humanity. Power of faith, National Unity. Patriotism. Love for nature, Discipline

UNIT-III:

Personality and Behavior Development - Soul and Scientific attitude. Positive Thinking. Integrity and discipline, Punctuality, Love and Kindness.

UNIT-IV:

Avoid fault Thinking. Free from anger, Dignity of labour. Universal brotherhood and religious tolerance. True friendship. Happiness Vs suffering, love for truth. Aware of self-destructive habits. Association and Cooperation. Doing best for saving nature

UNIT-V:

Character and Competence –Holy books vs Blind faith. Self-management and Good health. Science of reincarnation, Equality, Nonviolence, Humility, Role of Women. All religions and same message. Mind your Mind, Self-control. Honesty, Studying effectively

TEXT BOOKS/ REFERENCES:

1. Chakroborty, S.K. "Values and Ethics for organizations Theory and practice", Oxford University Press, New Delhi

CONSTITUTION OF INDIA (Audit Course - I & II)

Prerequisite: None

Course Objectives: Students will be able to:

- Understand the premises informing the twin themes of liberty and freedom from a civil rights perspective.
- To address the growth of Indian opinion regarding modern Indian intellectuals' constitutional role and entitlement to civil and economic rights as well as the emergence of nationhood in the early years of Indian nationalism.
- To address the role of socialism in India after the commencement of the Bolshevik Revolution in 1917 and its impact on the initial drafting of the Indian Constitution.

Course Outcomes: Students will be able to:

- Discuss the growth of the demand for civil rights in India for the bulk of Indians before the arrival of Gandhi in Indian politics.
- Discuss the intellectual origins of the framework of argument that informed the conceptualization of social reforms leading to revolution in India.
- Discuss the circumstances surrounding the foundation of the Congress Socialist Party [CSP]
 under the leadership of Jawaharlal Nehru and the eventual failure of the proposal of direct
 elections through adult suffrage in the Indian Constitution.
- Discuss the passage of the Hindu Code Bill of 1956.

UNIT-I:

History of Making of the Indian Constitution: History Drafting Committee, (Composition & Working), **Philosophy of the Indian Constitution:** Preamble, Salient Features.

UNIT-II:

Contours of Constitutional Rights & Duties: Fundamental Rights Right to Equality, Right to Freedom, Right against Exploitation, Right to Freedom of Religion, Cultural and Educational Rights, Right to Constitutional Remedies, Directive Principles of State Policy, Fundamental Duties.

UNIT-III:

Organs of Governance: Parliament, Composition, Qualifications and Disqualifications, Powers and Functions, Executive, President, Governor, Council of Ministers, Judiciary, Appointment and Transfer of Judges, Qualification, Powers and Functions.

UNIT-IV:

Local Administration: District's Administration head: Role and Importance, Municipalities: Introduction, Mayor and role of Elected Representative, CEO of Municipal Corporation. Pachayati raj: Introduction, PRI: Zila Pachayat. Elected officials and their roles, CEO Zila Pachayat: Position and role. Block level: Organizational Hierarchy (Different departments), Village level: Role of Elected and Appointed officials, Importance of grass root democracy.

UNIT-V:

Election Commission: Election Commission: Role and Functioning. Chief Election Commissioner and Election Commissioners. State Election Commission: Role and Functioning. Institute and Bodies for the welfare of SC/ST/OBC and women.

- 1. The Constitution of India, 1950 (Bare Act), Government Publication.
- 2. Dr. S. N. Busi, Dr. B. R. Ambedkar framing of Indian Constitution, 1st Edition, 2015.
- 3. M. P. Jain, Indian Constitution Law, 7th Edn., Lexis Nexis, 2014.
- 4. D.D. Basu, Introduction to the Constitution of India, Lexis Nexis, 2015.

PEDAGOGY STUDIES (Audit Course - I & II)

Prerequisite: None

Course Objectives: Students will be able to:

- Review existing evidence on the review topic to inform programme design and policy making undertaken by the DfID, other agencies and researchers.
- Identify critical evidence gaps to guide the development.

Course Outcomes: Students will be able to understand:

- What pedagogical practices are being used by teachers in formal and informal classrooms in developing countries?
- What is the evidence on the effectiveness of these pedagogical practices, in what conditions, and with what population of learners?
- How can teacher education (curriculum and practicum) and the school curriculum and guidance materials best support effective pedagogy?

UNIT-I:

Introduction and Methodology: Aims and rationale, Policy background, Conceptual framework and terminology Theories of learning, Curriculum, Teacher education. Conceptual framework, Research questions. Overview of methodology and Searching.

UNIT-II:

Thematic overview: Pedagogical practices are being used by teachers in formal and informal classrooms in developing countries. Curriculum, Teacher education.

UNIT-III:

Evidence on the effectiveness of pedagogical practices, Methodology for the indepth stage: quality assessment of included studies. How can teacher education (curriculum and practicum) and the scho curriculum and guidance materials best support effective pedagogy? Theory of change. Strength and nature of the body of evidence for effective pedagogical practices. Pedagogic theory and pedagogical approaches. Teachers' attitudes and beliefs and Pedagogic strategies.

UNIT-IV:

Professional development: alignment with classroom practices and follow-up support, Peer support, Support from the head teacher and the community. Curriculum and assessment, Barriers to learning: limited resources and large class sizes

UNIT-V:

Research gaps and future directions: Research design, Contexts, Pedagogy, Teacher education, Curriculum and assessment, Dissemination and research impact.

- 1. Ackers J, Hardman F (2001) Classroom interaction in Kenyan primary schools, Compare, 31 (2): 245-261.
- 2. Agrawal M (2004) Curricular reform in schools: The importance of evaluation, Journal of Curriculum Studies, 36 (3): 361-379.
- 3. Akyeampong K (2003) Teacher training in Ghana does it count? Multi-site teacher education research project (MUSTER) country report 1. London: DFID.

- 4. Akyeampong K, Lussier K, Pryor J, Westbrook J (2013) Improving teaching and learning of basic maths and reading in Africa: Does teacher preparation count? International Journal Educational Development, 33 (3): 272–282.
- 5. Alexander RJ (2001) Culture and pedagogy: International comparisons in primary education. Oxford and Boston: Blackwell.
- 6. Chavan M (2003) Read India: A mass scale, rapid, 'learning to read' campaign.
- 7. www.pratham.org/images/resource%20working%20paper%202.pdf.

STRESS MANAGEMENT BY YOGA (Audit Course - I & II)

Prerequisite: None

Course Objectives:

- · To achieve overall health of body and mind
- To overcome stress

Course Outcomes: Students will be able to:

- Develop healthy mind in a healthy body thus improving social health also
- Improve efficiency

UNIT-I:

Definitions of Eight parts of yog. (Ashtanga)

UNIT-II:

Yam and Niyam.

UNIT-III:

Do's and Don't's in life.

- i) Ahinsa, satya, astheya, bramhacharya and aparigraha
- ii) Shaucha, santosh, tapa, swadhyay, ishwarpranidhan

UNIT-IV:

Asan and Pranayam

UNIT-V:

- i) Various yog poses and their benefits for mind & body
- ii) Regularization of breathing techniques and its effects-Types of pranayam

- 1. 'Yogic Asanas for Group Tarining-Part-I": Janardan Swami Yogabhyasi Mandal, Nagpur
- 2. "Rajayoga or conquering the Internal Nature" by Swami Vivekananda, Advaita Ashrama (Publication Department), Kolkata

PERSONALITY DEVELOPMENT THROUGH LIFE ENLIGHTENMENT SKILLS (Audit Course - I & II)

Prerequisite: None Course Objectives:

- To learn to achieve the highest goal happily
- To become a person with stable mind, pleasing personality and determination
- To awaken wisdom in students

Course Outcomes: Students will be able to

- Study of Shrimad-Bhagwad-Geeta will help the student in developing his personality and achieve the highest goal in life
- The person who has studied Geeta will lead the nation and mankind to peace and prosperity
- Study of Neetishatakam will help in developing versatile personality of students

UNIT-I:

Neetisatakam-Holistic development of personality

- Verses- 19,20,21,22 (wisdom)
- Verses- 29,31,32 (pride & heroism)
- Verses- 26,28,63,65 (virtue)

UNIT-II:

Neetisatakam-Holistic development of personality

- Verses- 52,53,59 (dont's)
- Verses- 71,73,75,78 (do's)

UNIT-III:

Approach to day to day work and duties.

- Shrimad Bhagwad Geeta: Chapter 2-Verses 41, 47,48,
- Chapter 3-Verses 13, 21, 27, 35, Chapter 6-Verses 5,13,17, 23, 35,
- Chapter 18-Verses 45, 46, 48.

UNIT-IV:

Statements of basic knowledge.

- Shrimad Bhagwad Geeta: Chapter2-Verses 56, 62, 68
- Chapter 12 -Verses 13, 14, 15, 16,17, 18
- Personality of Role model. Shrimad Bhagwad Geeta:

UNIT-V:

- Chapter2-Verses 17, Chapter 3-Verses 36,37,42,
- Chapter 4-Verses 18, 38,39
- Chapter18 Verses 37,38,63

- "Srimad Bhagavad Gita" by Swami Swarupananda Advaita Ashram (Publication Department), Kolkata.
- 2. Bhartrihari's Three Satakam (Niti-sringar-vairagya) by P.Gopinath, Rashtriya Sanskrit Sansthanam, New Delhi.