

Dr. C.Veerender M.Sc. (Psychology), PGDPC, Ph.D. (Physics).
Psychologist, P.D. Trainer, and Director, You & Me

Current positions

- ✦ Consultant psychologist, JNTUH, kukkatpally. Hyderabad, TS.
- ✦ Appointed as **Psychologist for Sports of Authority of Telangana**. Attended National Games 2015. at Kerala.
- ✦ **TSPSC Interview Board Member as Personality Assessor** in recruiting Engineers for Irrigation and other GOVT. Departments- since Feb, 2016
- ✦ **Telangana Police Academy**: Expert inputs in designing the training module, syllabus for new recruiting SI's.

Overseas experience

- ✦ Scientist (Visiting – Research) Changhua University of Education - **Taipei**, 2002 – 03
- ✦ Presented paper on “Effective Counseling Methods on NLP to enhance the performance of players”- TDT, **Vietnam-ICSM-2017**
- ✦ Presented my talk on Effective Counseling Methods to defuse anxiety, pressure to give the best performance by the players, **Davao city, Phillipines-2017**.
- ✦ Presented my research paper on “counseling effects on the performance of players with help of NLP and self talk, at international conference by institute of physical education, **Bangkok, thailand**, aug'18.
- ✦ Lead speaker, Presented paper at international conference, **yogyakartha, Indonesia**, oct. 2018.
- ✦ lead speaker at world sports congress 22-27 april, 2019. **Baharin**

Lead Speaker at national and international seminars:

- International workshop on “community health” Yogi vema Univ. Kadapa. 2019
- International world congress of sports, Baharin, 2019.
- International conference on renaissance of sports, trichy, January, 2019
- National workshop on youth empowerment, national college, Trichy, TN. 2018
- International conference : Osmania University, Hyderabad 2018
- National workshop on sports and education, Warangal, 2018.
- National workshop on sports education and sports psychology, University sports, Chennai, TN-2018.
- International Conference in Physical Education at Gulberga University-2017.
- International Conference on Sports Sciences and Physical Edu, OU-2017
- International Conference in Sports, Yoga and Physical Education: Manipal university, Jaipur, Rajasthan, 2016
- International Conference on Physical Education and sports: Kakateeya medical college, Warangal, Telangana-2016
- International Workshop on Sports Science, Osmania University-2016
- National Conference on Counseling and Guidance, RIE, Mysore, Karnataka. 2016
- International conference on effect of computers in sports education, OU-2016

Research works

- Research work experience in effects of counseling in performance of players
- Research experience in superconductors and semiconductors.
- Research on B.C. communities in identifying the hereditary intelligence
- Working with teenage and adolescent students for 15 years in building the self-esteem
- working on how to connect the multiple intelligence in teaching

Academic background:

- M.Sc. (Psychology), Kakathiya University, TS
- M.Phil, central university of Hyderabad. TS
- Ph.D. (Physics), Osmania University. TS
- M.Sc. (Physics), Osmania University, TS
- PG Diploma Psychological Counseling., Mumbai



Dr. C. Veerender

M.Sc. PGDPC, Ph.D.,

Psychologist, P.D. Trainer,
and Director,

You & Me

Counseling Center

Hig2, B5, F4,

Baghlingampally,

Near

RTCKALYANAMANDAPAM,

NEAR RTC X ROADS,

Hyderabad - 44.

www.younme.co

Dr. C.Veerender M.Sc. (Psychology), PGDPC, Ph.D.(Physics).
Psychologist, P.D. Trainer, and Director, You& Me

- PG Diploma in Counseling and Guidance, Annamalai University.TN

Work background:

- 10 years as a mental conditioning coach and trainer for sports persons
- 14 years of counseling on various issues of adults, anxiety, depressions
- Organizations, Educational Institutions, Hospitals, Professional Learning Centers
- 15 years' experience, working with teenage and adolescent students in building the self-esteem
- Worked on student's suicides during the Telangana Movement,
- Farmers suicides-self-confidence building sessions in districts
- Teenage emotions awareness programmers for 10 years.

Provided Personality Development and Training to:

- Students – 3 Lakhs.
- Parents – 50,000
- Professional – 30,000
- Teachers-20,000

Emotions awareness campaign - Teenage Temptation:

- BHELRC Puram to Hanamkonda, (around 100km walk-15000 students participated)
- Two days workshop on "know your student" for lecturers.
- Regular mission: for the past 7 years, emotions awareness campaign in and around Hyderabad. Around 1 lakh students are benefitted.

Organized workshops and seminars

- "Know your student"- 2days workshop for professors and teachers at JNTUH, Satavahana University, Palamooru University.
- 1-day Seminar on "youth policy – need of the hours"-1.Sathavahana University-Karimnagar.
- CVSR engineering college, Hyderabad.
- One day seminar-"Right to Information act"-JNTU
- 1-day seminar at OU for sports coaches and players for the past two years on 4th Sept every year.

Scientific publications

- 6 Articles published in International Scientific journals
- 4 Research articles in Sports Psychology in international journals.

Consultant for State Govt organizations

- Marri Chenna Reddy Human Resources Center - Training Center for Employees
- SICA - Training Center for Jail Employees
- National Thermal Power Corporation (NTPC)
- WALAMTHARI
- Osmania University
- Ambedker open University. Hyd.
- Housing Corporation

Projects - Social Service

- Launched help-line for the depressed students
- Organized number of stress management sessions for rural and urban students of AP and Karnataka states
- Organized awareness camps against student suicides across the state
- Teenage temptations- awareness campaign.

Expertise in Handling & Techniques used

- Depression
- Suicidal tendencies
- Relationship issues
- Adolescent blues, opp.sex relationship issues.

Counseled & trained

- 3 Lakh students
- 30000 parents
- 20000 professionals

Consultant

- Public and private and public-sector schools
- Degree colleges
- Junior colleges
- Professional colleges
- Vocational colleges
- Corporate & other hospitals
- Corporate and other

Dr. C.Veerender M.Sc. (Psychology), PGDPC, Ph.D.(Physics).
Psychologist, P.D. Trainer, and Director, You& Me

- Parent-child conflicts, career guidance.
- ADHD
- ADD
- CBT
- Hypnosis
- NLP
- TA

Television Shows

Participated and presented more than 300 shows for the past 10 years in the following television channels

- TV 9, ETV 2, ETV life., TV 5, NTV, Door Darshan, Gemini, MAA, Saakshi
- Studio N, MAHA TV, HMTV, TV 1, VANITHA TV, T-news.

Columnist

Written daily, and weekly articles and columnist for the past five years in the following news dailies, and, other magazines

Telugudailies

- NamastheTelangana
- Eenadu
- Saakshi
- Andhra Jyothi
- Vaartha
- Prajasakthi

Magazines

- telangana magazine(govt)
- psychology today
- Classmate
- UdyogaSopanam
- Telugu Vidhyarthi
- The news
- Revenue telangana magazine.

Author – Personality Development Books

- Vijayapatham
- Successful Student
- How to Crack IIT JEE
- Vijayanikidaridhi
- VijayamMeeSwantham
- Study Skills Booklet
- Teaching psychology

Consultant – Educational and Others

- Public and private and public sector schools
- Degree colleges
- Junior colleges
- Professional colleges
- Vocational colleges
- Hospitals

Workshops

- Self confidence
- Time management
- Money management
 - Relationship management
- Competitive exams
- Housekeeping skills
 - Concentration
 - Attitude
- Communication skills
- Love and friendship

Corporate training

- Creative thinking and problem-solving skills
 - Stress management
 - Managerial skills
 - Lovable parenting
- Interpersonal relations
- Relationship between family members
 - Team Building and leadership
- Personal effective ness in personal and professional life.
 - Conflict management
 - Emotional intelligence

